

# Lunch Menu

## Fall River Elementary

December  
2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

4 Homemade Mac & Cheese  
Mixed Vegetables  
String Cheese  
Cucumber Coins  
Organic Applesauce  
Sliced Oranges

5 Crispy Tacos  
Rice & Beans  
Sweet Corn  
Grape Tomatoes  
Mixed Fruit  
Fresh Banana

6 Mozzarella Stick & Chicken Nugget Combo Meal  
Steamed Peas  
Carrot Sticks  
Sliced Peaches  
Fresh Banana

7 Cheeseburger  
Oven Baked Fries  
Black Bean and Pepper Salad  
Cauliflower  
Sliced Peas  
Fresh Red Delicious Apple

1 Cheese Pizza  
With Garden Salad  
Broccoli Bites  
Diced Peaches  
Sliced Oranges

11 Egg and Cheese Sandwich  
Crispy Potato Puffs  
String Cheese  
Steamed Peas  
Celery Sticks  
Diced Pear Cup  
Organic Applesauce

12 Baked Chicken Tenders  
Mashed Potatoes  
Mixed Vegetables  
Grape Tomatoes  
Mixed Fruit  
Fresh Red Delicious Apple

13 Meatball Sandwich  
Oven Baked Fries  
Sweet Corn  
Carrot Dippers  
Diced Pear Cup  
Pineapple

14 Nachos Grande  
Confetti Black Bean Salad  
Celery Sticks  
Cucumber Coins  
Sliced Peaches  
Fresh Banana

15 Cheese Pizza  
With Garden Salad  
Broccoli Bites  
Sliced Peas  
Sliced Oranges

18 Nachos with Cheese  
Sweet Corn  
Cucumber Coins  
Strawberry Cup  
Sliced Oranges

19 Alfredo Pasta with Garlic Roasted Broccoli  
Grape Tomatoes  
Mixed Fruit  
Fresh Red Delicious Apple

20 Crispy Chicken Sandwich  
Oven Baked Fries  
Cucumber Coins  
Diced Peaches  
Fresh Banana

21 Soft Tacos  
Confetti Black Bean Salad  
Mixed Vegetables  
Carrot Dippers  
Pineapple  
Organic Applesauce

22 Cinnamon French Toast  
Turkey Sausage Patty  
Crispy Potato Puffs  
Broccoli Bites  
Diced Pear Cup  
Sliced Oranges

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Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions Regarding The Menu  
Please Contact: The Food Service Director: Robert Cutting @ 508-675-8100 ext 41591

Deli Sandwiches Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: Ham & cheese Thurs: Turkey & Cheese, Fri: Tuna  
Offered Daily: Sunbutter & Jelly Sandwich And Garden Salad with cheese, Assorted Fruit Vegetables, Fat free Chocolate & 1% white Condiments: Ketchup, Mustard, Mayo ,BBQ Sauce, Italian dressing Ranch dressing

