


Lunch Menu

Fall River Schools

October 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Egg and Cheese Sandwich Crispy Potato Puffs Sweet Corn Diced Pear Cup	3 Baked Chicken Tenders Mashed Potatoes Green Beans Diced Peaches	4 Homemade Pasta & Meatballs Steamed Carrots Fresh Banana	5 Soft Tacos Rice & Beans Cucumber Coins Sliced Oranges	6 Cheese Pizza With Garden Salad Diced Peaches
9 	10 Crispy Chicken Sandwich Crispy Potato Puffs Sweet Corn Mixed Fruit	11 Pasta with Meat Sauce Steamed Peas Fresh Banana	12 Baked Chicken Tenders Oven Baked Fries Confetti Black Bean Salad Sliced Pears	13 Classic Cheese Pizza With Garden Salad Sliced Oranges
16 Fluffy Whole Grain Pancakes Crispy Potato Puffs String Cheese Steamed Peas Organic Applesauce	17 NY Strawberry Banana Yogurt Cup Goldfish Crackers String Cheese Mixed Vegetables Apple Slices	18 Meatball Sandwich Oven Baked Fries Sweet Corn Pineapple	19 Nachos Grande Confetti Black Bean Salad Cucumber Coins Sliced Peaches	20 Cheese Pizza With Garden Salad Sliced Oranges
23 Cinnamon French Toast Crispy Potato Puffs String Cheese Sweet Corn Applesauce	24 Cheeseburger Oven Baked Fries Mixed Vegetables Mixed Fruit	25 Sweet & Sour Chicken Sauce & Toss Brown Rice Pilaf Cucumber Coins Diced Peaches	26 Soft Tacos Confetti Black Bean Salad Mixed Vegetables Pineapple	27 Cheese Pizza With Garden Salad Sliced Oranges
30 Nachos with Cheese Cucumber Coins Apple Slices	31 Chicken Nuggets Oven Baked Fries Sweet Corn Sliced Oranges			

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions Regarding The Menu Please Contact: The Food Service Director: Robert Cutting @ 508-675-8100 ext 41591

Deli Sandwiches Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: ham & cheese Thurs: Turkey & Cheese, Fri: Tuna
Offered Daily: Sunbutter & Jelly Sandwich And Garden Salad with cheese, Assorted Fruit Vegetables, Fat free Chocolate & 1% white Condiments: Ketchup, Mustard, Mayo ,BBQ Sauce, Italian dressing Ranch dressing

