

Lunch Menu

Fall River Schools

September
2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

4



5

Crispy Chicken Sandwich
Crispy Potato Puffs
Sweet Corn
Mixed Fruit
Fresh Banana

6

Pasta with Meat Sauce
Steamed Peas
Carrot Sticks
Sliced Peaches
Fresh Banana

7

Baked Chicken Tenders
Oven Baked Fries
Sweet Corn
Confetti Black Bean Salad
Sliced Pears
Fresh Red Delicious Apple

8

Classic Cheese Pizza
With Garden Salad
Broccoli Bites
Sliced Peaches
Sliced Oranges

11

Fluffy Whole Grain Pancakes
Crispy Potato Puffs
String Cheese
Steamed Peas
Celery Sticks
Diced Pear Cup
Organic Applesauce

12

NY Strawberry Banana Yogurt Cup
String Cheese
Baby Carrots
Whole Wheat Dinner Roll
Mixed Fruit
Fresh Red Delicious Apple

13

Meatball Sandwich
Oven Baked Fries
Sweet Corn
Carrot Dippers
Diced Pear Cup
Pineapple

14

Nachos with Cheese
Confetti Black Bean Salad
Celery Sticks
Cucumber Coins
Sliced Peaches
Fresh Banana

15

Cheese Pizza
With Garden Salad
Broccoli Bites
Sliced Pears
Sliced Oranges

18

Cinnamon French Toast
Crispy Potato Puffs
String Cheese
Sweet Corn
Grape Tomatoes
Strawberry Cup
Sliced Oranges

19

Cheeseburger
Oven Baked Fries
Mixed Vegetables
Mixed Fruit
Fresh Red Delicious Apple

20

Sweet & Sour Chicken
Sauce & Toss
Brown Rice Pilaf
Cucumber Coins
Diced Peaches
Fresh Banana

21

Soft Tacos
Confetti Black Bean Salad
Mixed Vegetables
Carrot Dippers
Pineapple
Organic Applesauce

22

Cheese Pizza
With Garden Salad
Broccoli Bites
Diced Pear Cup
Sliced Oranges

25

Nachos with Cheese
Cauliflower
Cucumber Coins
Diced Pear Cup
Fresh Apple

26

NY Raspberry Yogurt Cup
Sweet Corn
String Cheese
Whole Wheat Dinner Roll
Mixed Berry Cup
Sliced Oranges

27

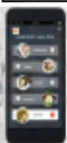
Homemade Pasta & Meat Sauce
Green Beans
Baby Carrots
Mixed Fruit
Fresh Banana

28

Cinnamon French Toast
Potato Puffs
Cauliflower
Cucumber Coins
Diced Pear Cup
Sliced Oranges

29

Classic Cheese Pizza
Garden Salad
Broccoli
Sliced Peaches
Applesauce



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions
Regarding The Menu
Please Contact: The Food
Service Director: Robert
Cutting @ 508-675-8100
ext 41591

Deli Sandwiches Mon: Ham & Cheese, Tue:
Turkey & Cheese, Wed: ham & cheese Thurs:
Turkey & Cheese, Fri: Tuna
Offered Daily: Sunbutter & Jelly Sandwich And
Garden Salad with cheese, Assorted Fruit
Vegetables, Fat free Chocolate & 1% white
Condiments: Ketchup, Mustard, Mayo ,BBQ Sauce,
Italian dressing Ranch dressing

