


Lunch Menu

Fall River Elementary Schools

October 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Egg and Cheese Sandwich Crispy Potato Puffs Sweet Corn Cauliflower Diced Pear Cup Sliced Oranges	3 Baked Chicken Tenders Mashed Potatoes Green Beans Grape Tomatoes Diced Peaches Fresh Red Delicious Apple	4 Homemade Pasta & Meatballs Steamed Carrots Celery Mixed Fruit Fresh Banana	5 Soft Tacos Rice & Beans Cucumber Coins Diced Pear Cup Sliced Oranges	6 Cheese Pizza With Garden Salad Broccoli Bites Diced Peaches Sliced Oranges
9 	10 Crispy Chicken Sandwich Crispy Potato Puffs Sweet Corn Grape Tomatoes Mixed Fruit Fresh Banana	11 Pasta with Meat Sauce Steamed Peas Carrot Sticks Sliced Peaches Fresh Banana	12 Sweet & Sour Chicken Sauce & Toss Oven Baked Fries Sweet Corn Confetti Black Bean Salad Sliced Peas Fresh Red Delicious Apple	13 Classic Cheese Pizza With Garden Salad Broccoli Bites Sliced Peaches Sliced Oranges
16 Fluffy Whole Grain Pancakes Crispy Potato Puffs String Cheese Steamed Peas Celery Sticks Diced Pear Cup Organic Applesauce	17 Beef Hot Dog on Bun Baked Beans Mixed Vegetables Grape Tomatoes Mixed Fruit Fresh Red Delicious Apple	18 Meatball Sandwich Oven Baked Fries Sweet Corn Carrot Dippers Diced Pear Cup Pineapple	19 Nachos Grande Confetti Black Bean Salad Celery Sticks Cucumber Coins Sliced Peaches Fresh Banana	20 Cheese Pizza With Garden Salad Broccoli Bites Sliced Peas Sliced Oranges
23 Cinnamon French Toast Crispy Potato Puffs String Cheese Sweet Corn Grape Tomatoes Strawberry Cup Sliced Oranges	24 Cheeseburger Oven Baked Fries Mixed Vegetables Grape Tomatoes Mixed Fruit Fresh Red Delicious Apple	25 Sweet & Sour Chicken Sauce & Toss Brown Rice Pilaf Cucumber Coins Diced Peaches Fresh Banana	26 Soft Tacos Confetti Black Bean Salad Mixed Vegetables Carrot Dippers Pineapple Organic Applesauce	27 Cheese Pizza With Garden Salad Broccoli Bites Diced Pear Cup Sliced Oranges
30 Nachos with Cheese Cauliflower Cucumber Coins Diced Pear Cup Fresh Apple	31 Beef Hot Dog on Bun Baked Beans Sweet Corn Grape Tomatoes Mixed Berry Cup Sliced Oranges			



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions Regarding The Menu
Please Contact: The Food Service Director: Robert Cutting @ 508-675-8100 ext 41591

Deli Sandwiches Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: ham & cheese Thurs: Turkey & Cheese, Fri: Tuna
Offered Daily: Sunbutter & Jelly Sandwich And Garden Salad with cheese, Assorted Fruit Vegetables, Fat free Chocolate & 1% white Condiments: Ketchup, Mustard, Mayo ,BBQ Sauce, Italian dressing Ranch dressing

