

Lunch Menu

Fall River Schools

November
2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

6 Homemade Mac & Cheese
Mixed Vegetables
Cucumber Coins
Organic Applesauce
Sliced Oranges



8 Chicken Nugget & Mozzarella Stick Combo
Steamed Peas
Carrot Sticks
Sliced Peaches
Fresh Banana

9 Cheeseburger
Oven Baked Fries
Black Bean and Pepper Salad
Cauliflower
Sliced Pears
Fresh Red Delicious Apple



13 Fluffy Whole Grain Pancakes
Crispy Potato Puffs
String Cheese
Steamed Peas
Celery Sticks
Diced Pear Cup
Organic Applesauce

14 Sweet & Sour Chicken Sauce & Toss
Brown Rice Pilaf
Mixed Vegetables
Mixed Fruit
Fresh Red Delicious Apple

15 Meatball Sandwich
Oven Baked Fries
Sweet Corn
Carrot Dippers
Diced Pear Cup
Pineapple

16 Nachos Grande
Confetti Black Bean Salad
Celery Sticks
Cucumber Coins
Sliced Peaches
Fresh Banana

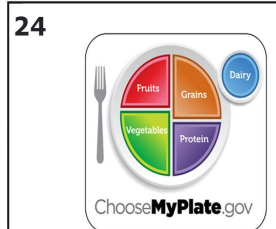
17 Cheese Pizza
With Garden Salad
Broccoli Bites
Sliced Pears
Sliced Oranges

20 Egg and Cheese Sandwich
Crispy Potato Puffs
String Cheese
Sweet Corn
Grape Tomatoes
Strawberry Cup
Sliced Oranges

21 Roasted Turkey with Gravy
Mashed Potatoes
Mixed Vegetables
Mixed Fruit
Fresh Red Delicious Apple

22 Cinnamon French Toast
Crispy Potato Puffs
Cucumber Coins
Diced Peaches
Fresh Banana

BRUNCH FOR LUNCH TODAY!



27 Nachos with Cheese
Cauliflower
Cucumber Coins
Diced Pear Cup
Fresh Apple

28 Crispy Chicken Sandwich
Sweet Corn
Oven Baked Fries
Mixed Berry Cup
Apple Slices

29 Homemade Pasta & Meatballs
Green Beans
Baby Carrots
Mixed Fruit
Fresh Banana

30 Crispy Popcorn Chicken
Oven Baked Fries
Confetti Black Bean Salad
Cucumber Coins
Pineapple Cup
Sliced Oranges

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions Regarding The Menu
Please Contact: The Food Service Director: Robert Cutting @ 508-675-8100 ext 41591

Deli Sandwiches Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: Ham & cheese Thurs: Turkey & Cheese, Fri: Tuna
Offered Daily: Sunbutter & Jelly Sandwich And Garden Salad with cheese, Assorted Fruit Vegetables, Fat free Chocolate & 1% white Condiments: Ketchup, Mustard, Mayo ,BBQ Sauce, Italian dressing Ranch dressing

