

# Lunch Menu **PREV** Fall River Schools

**January 2024**

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Cheeseburger Oven Baked Fries Mixed Vegetables Mixed Berry Cup Fresh Apple	3 Baked Chicken Tenders Mashed Potatoes Sweet Corn Carrot Dippers Sliced Peaches Fresh Orange	4 Crispy Tacos 🌮 Confetti Black Bean Salad Celery Sticks Diced Pear Cup Fresh Apple	5 Cheese Pizza 🍕 With Garden Salad Broccoli Bites Diced Peaches Sliced Oranges
8	9 McGriddle Sausage Sandwich 🍔 Oven Baked Fries Sweet Corn Mixed Fruit Fresh Banana 🍌	10 Chicken Nugget & Mozzarella Stick Combo Green Beans Carrot Sticks Sliced Peaches Fresh Banana	11 Nachos with Cheese 🌮 Steamed Broccoli Cauliflower Sliced Pears Fresh Red Delicious Apple	12 Classic Cheese Pizza 🍕 With Garden Salad Broccoli Bites Sliced Peaches Sliced Oranges
5	16 Sweet & Sour Chicken Sauce & Toss Brown Rice Pilaf Mixed Vegetables Mixed Fruit Fresh Red Delicious Apple	17 Meatball Sandwich Oven Baked Fries Sweet Corn Carrot Dippers Diced Pear Cup Pineapple	18 Nachos Grande 🌮 Confetti Black Bean Salad Celery Sticks Cucumber Coins Sliced Peaches Fresh Banana	19 Cheese Pizza 🍕 With Garden Salad Broccoli Bites Sliced Pears Sliced Oranges
2	23 Chicken Bowl with Gravy <i>chicken layered with mashed potatoes and corn, smothered in gravy</i> Mixed Vegetables Mixed Fruit Fresh Red Delicious Apple	24 Homemade Pasta & Meat Sauce 🍝 Mixed Vegetables Diced Peaches Fresh Banana	25 Soft Tacos 🌮 Confetti Black Bean Salad Mixed Vegetables Carrot Dippers Pineapple Organic Applesauce	26 Cheese Pizza 🍕 With Garden Salad Broccoli Bites Diced Pear Cup Sliced Oranges
Egg and Cheese Sandwich 🍳 Crispy Potato Puffs Cauliflower Cucumber Coins Diced Pear Cup Fresh Apple	30 Baked Chicken Tenders Mashed Potatoes String Cheese Steamed Broccoli Mixed Berry Cup Apple Slices	31 Homemade Pasta & Meatballs 🍝 Green Beans Baby Carrots Mixed Fruit Fresh Banana		

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMMealPlanner, or on the web at [www.FDMMealPlanner.com](http://www.FDMMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, sea-  
food, shellfish or eggs may increase your risk of  
food borne illness, especially if you have  
certain medical conditions.

Menu is subject to change, notice posted  
when available.

In accordance with federal civil rights law  
U.S. Department of Agriculture (USDA)

rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex  
(including gender identity and sexual  
orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions  
Regarding The Menu  
Please Contact: The Food  
Service Director: Robert  
Cutting @ 508-675-8100  
ext 41591

Deli Sandwiches Mon: Ham & Cheese, Tue:  
Turkey & Cheese, Wed: Ham & cheese Thurs:  
Turkey & Cheese, Fri: Tuna  
Offered Daily: Sunbutter & Jelly Sandwich And  
Garden Salad with cheese, Assorted Fruit  
Vegetables, Fat free Chocolate & 1% white  
Condiments: Ketchup, Mustard, Mayo, BBQ Sauce,  
Italian dressing Ranch dressing

Vegetarian

Made With  
Natural Ingredients

Pork

Smart  
Choice

Made With  
Organic Ingredients