

Lunch Menu

Espirito Santos

April
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

		1 Sweet & Sour Chicken Sauce & Toss Yellow Rice Mixed Vegetable Blend Cucumber Coins Fresh Orange Diced Pear Cup	2 Bagged Lunches	3
6 Fluffy Whole Grain Waffles Crispy Potato Puffs Light Mozzarella Cheese Stick Baby Carrots Organic Applesauce Sliced Oranges Fluffy Whole Grain	7 Homemade Pasta & Meatballs Baby Carrots Diced Pear Cup Sliced Oranges	8 Mozzarella Stick & Chicken Nugget Combo Meal Steamed Peas Broccoli Florets Mixed Fruit Fresh Red Delicious Apple	9 Crispy Chicken Sandwich Baked Beans Homemade Ranch Pasta Salad Baby Carrots Apple Slices Diced Peaches	10 Cheese Pizza With Garden Salad Broccoli Bites Diced Peaches Fresh Banana
13 Egg and Cheese Sandwich Crispy Potato Puffs Baby Carrots Diced Pear Cup Sliced Oranges	14 BBQ Chicken Nachos Confetti Black Bean Salad Steamed Broccoli Baby Carrots Sliced Oranges	15 Cheeseburger Oven Baked Fries Green Beans Cucumber Coins Sliced Oranges Apple Slices	16 Baked Chicken Tenders Pasta with Butter Steamed Peas Baby Carrots Apple Slices Diced Peaches	17 Cheese Pizza With Garden Salad Chickpea Salad Sliced Pears Sliced Oranges
20	21	22	23	24
27 Homemade Mac & Cheese Steamed Broccoli Baby Carrots Diced Pear Cup Fresh Apple	28 Soft Tacos Beans & Rice Salsa Cherry Tomatoes Fresh Orange Apple Slices	29 French Toast Sausage Patty Crispy Potato Puffs Cucumber Coins Diced Pear Cup Sliced Oranges	30 Crispy Chicken Patty Oven Baked Fries Green Beans Fresh Red Delicious Apple Diced Peaches	



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

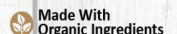
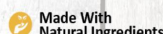
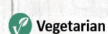


If You Have Questions
Regarding The Menu
Please Contact: The Food
Service Director: Robert
Cutting @ 508-675-8100
ext 41591

Deli Sandwiches

Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: Ham & cheese Thurs: Turkey & Cheese, Fri: Tuna

Offered Daily: Sunbutter & Jelly Sandwich And Garden Salad with cheese, Assorted Fruit Vegetables, Fat free Chocolate & 1% White



(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.