

Lunch Menu

Fall River Elementary Schools

November
2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM






Monday

Tuesday

Wednesday

Thursday

Friday

		1 Baked Chicken Tenders Mashed Potatoes Sweet Corn Carrot Dippers Sliced Peaches Fresh Orange	2 Crispy Tacos 🌮 Confetti Black Bean Salad Celery Sticks Diced Pear Cup Fresh Apple	3 Cheese Pizza 🍕 With Garden Salad Broccoli Bites Diced Peaches Sliced Oranges
6 Homemade Mac & Cheese 🌱 Mixed Vegetables Cucumber Coins Organic Applesauce Sliced Oranges	7 	8 Chicken Nugget & Mozzarella Stick Combo Steamed Peas Carrot Sticks Sliced Peaches Fresh Banana	9 Tot Spot's Loaded Nacho Tater Tots 🌮 Black Bean and Pepper Salad Cauliflower Sliced Peas Fresh Red Delicious Apple	10 
13 Fluffy Whole Grain Pancakes 🌱 Crispy Potato Puffs String Cheese Steamed Peas Celery Sticks Diced Pear Cup Organic Applesauce	14 Sweet & Sour Chicken Sauce & Toss Brown Rice Pilaf Mixed Vegetables Grape Tomatoes Mixed Fruit Fresh Red Delicious Apple	15 Meatball Sandwich Oven Baked Fries Sweet Corn Carrot Dippers Diced Pear Cup Pineapple	16 Nachos Grande 🌮 Confetti Black Bean Salad Celery Sticks Cucumber Coins Sliced Peaches Fresh Banana	17 Cheese Pizza 🍕 With Garden Salad Broccoli Bites Sliced Peas Sliced Oranges
20 Egg and Cheese Sandwich 🌱 Crispy Potato Puffs String Cheese Sweet Corn Grape Tomatoes Strawberry Cup Sliced Oranges	21 Roasted Turkey with Gravy Mashed Potatoes Mixed Vegetables Grape Tomatoes Mixed Fruit Fresh Red Delicious Apple	22 Cinnamon French Toast 🌱 Crispy Potato Puffs Cucumber Coins Diced Peaches Fresh Banana 	23 	24 
27 Nachos with Cheese 🌱 Cauliflower Cucumber Coins Diced Pear Cup Fresh Apple	28 Crispy Chicken Sandwich Sweet Corn Oven Baked Fries Grape Tomatoes Mixed Berry Cup Apple Slices	29 Homemade Pasta & Meatballs 🌮 Green Beans Baby Carrots Mixed Fruit Fresh Banana	30 Chicken Fajita Wrap 🌮 Confetti Black Bean Salad Cucumber Coins Pineapple Cup Sliced Oranges	



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions
Regarding The Menu
Please Contact: The Food
Service Director: Robert
Cutting @ 508-675-8100
ext 41591

Deli Sandwiches Mon: Ham & Cheese, Tue:
Turkey & Cheese, Wed: Ham & cheese Thurs:
Turkey & Cheese, Fri: Tuna
Offered Daily: Sunbutter & Jelly Sandwich And
Garden Salad with cheese, Assorted Fruit
Vegetables, Fat free Chocolate & 1% white
Condiments: Ketchup, Mustard, Mayo ,BBQ Sauce,
Italian dressing Ranch dressing

