

Lunch Menu

Espirito Santo

December 2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Fluffy Whole Grain Pancakes 🌱 Strawberry Cup Light Mozzarella Cheese Stick Crispy Potato Puffs Baby Carrots Fresh Apple Diced Pear Cup	2 Chicken Corn Dog Green Beans Oven Baked Fries Cucumber Coins Pineapple Cup Apple Slices	3 Barbecue Rib Sandwich 🌱 Mashed Potatoes Steamed Carrots Celery Sticks Apple Slices Diced Peaches	4 General Tso Chicken Noodle Bowl 🌱 Steamed Broccoli Cauliflower Sliced Oranges Organic Applesauce National Cookie Day	5 Cheese Pizza 🌱 🌱 With Garden Salad Confetti Garbanzo Bean Salad Diced Peaches Fresh Banana
8 Cinnamon French Toast 🌱 Strawberry Yogurt Sausage Patty Crispy Potato Puffs Celery Sticks Diced Pear Cup Fresh Apple	9 Sloppy Joe on a Bun 🌱 Mixed Vegetables Oven Baked Fries Celery Sliced Peaches Sliced Oranges	10 Homemade Pasta & Meatballs 🌱 WG Garlic Texas Toast Green Beans Baby Carrots Grape Tomatoes Diced Pear Cup Apple Slices	11 Crispy Chicken Sandwich Oven Baked Fries Baked Beans Broccoli Florets Mixed Fruit Fresh Red Delicious Apple	12 Cheese Pizza 🌱 🌱 With Garden Salad Broccoli Bites Diced Peaches Fresh Banana
15 Nachos with Cheese 🌱 Salsa Sour Cream Sweet Corn Broccoli Florets Apple Slices Diced Peaches	16 Tot Spot's BBQ Chicken Tater Tots 🌱 Steamed Carrots Grape Tomatoes Sliced Peaches Apple Slices	17 Chicken Bowl with Gravy 🌱 Whole Wheat Dinner Roll Broccoli Florets Sliced Oranges Applesauce	18 Cheeseburger Green Beans Oven Baked Fries Cucumber Coins Diced Pear Cup Sliced Oranges	19 Fluffy Whole Grain Waffles 🌱 Sausage Patty Vanilla Yogurt Chickpea Salad Baby Carrots Diced Pear Cup Sliced Oranges (1/2 Day of School)
22	23	24	25	26
		WINTER RECESS! SCHOOL CLOSED		
29	30	31		
		HAPPY NEW YEAR		

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions
Regarding The Menu
Please Contact: The Food
Service Director: Robert
Cutting @ 508-675-8100
ext 41591

Deli Sandwiches

Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed:
Ham & cheese Thurs: Turkey & Cheese, Fri: Tuna

Offered Daily: Sunbutter & Jelly Sandwich And
Garden Salad with cheese, Assorted Fruit
Vegetables, Fat free Chocolate & 1% White

