

August+September Lunch Menu

			27 <i>August</i> Meatless Chik'n Nugget BBQ Sauce Baby Carrots Fresh Pear (1/2 Day)	28 <i>August</i> Classic Cheese Pizza Celery Sticks Fresh Golden Delicious Apple (1/2 Day)
31 (<i>August</i>) Turkey, Ham or Sunbutter & Jelly	Tuesday	Wednesday	Thursday	Friday
	1 Turkey, Ham or Sunbutter & Jelly	2 Barbecue Rib Sandwich Mashed Potatoes Country Style Gravy Steamed Carrots Cucumber Coins Diced Pear Cup Fresh Banana	3 Baked Chicken Tenders Homemade Mac & Cheese Sweet Corn Strawberry Cup Fresh Red Delicious Apple	4 Turkey, Ham or Sunbutter & Jelly
7 Labor Day - No School	8 Nachos Grande Black Bean and Pepper Salad Mild Salsa Sour Cream Sweet Corn Sliced Oranges Mixed Fruit	9 Chicken Nuggets Oven Baked Fries Green Beans Chickpea Salad Fresh Red Delicious Apple Pineapple Cup	10 Homemade Pasta & Meatballs Steamed Broccoli Baby Carrots Sliced Oranges Pineapple Cup	11 Cheese Pizza Garden Salad Celery Diced Peaches Fresh Banana
14 French Toast Strawberry Yogurt Light Mozzarella Cheese Stick Crispy Potato Puffs Baby Carrots Diced Pear Cup Sliced Oranges	15 Cheeseburger Green Beans Oven Baked Fries Baby Carrots Sliced Peaches Fresh Red Delicious Apple	16 Beef Hot Dog on Bun Homemade Ranch Pasta Salad Baked Beans Cucumber Coins Mixed Fruit Fresh Red Delicious Apple	17 Mozzarella Stick & Chicken Nugget Combo Meal Pineapple Cup Apple Slices Baby Carrots Celery	18 Cheese Pizza Garden Salad Chickpea Salad Sliced Pears Sliced Oranges
21 Egg and Cheese Sandwich Crispy Potato Puffs Baby Carrots Pear and Pineapple Cup Fresh Red Delicious Apple	22 Soft Tacos Confetti Black Bean Salad Yellow Rice Steamed Carrots Mixed Fruit Fresh Pear	23 Incredibowls General Tso's Chicken Baby Carrots Sliced Oranges Pineapple Cup	24 Crispy Chicken Sandwich Oven Baked Fries Green Beans Baby Carrots Apple Slices Diced Peaches	25 Cheese Pizza Garden Salad Celery Diced Peaches Fresh Banana
28 Homemade Mac & Cheese Mixed Vegetables Pineapple Fresh Golden Delicious Apple	29 Sloppy Joe Nachos Black Beans Sweet Corn Applesauce Fresh Pear	30 Meatball Sandwich Oven Baked Fries Steamed Broccoli Carrot Dippers Mixed Berry Cup Apple Slices	Espirito Santo School 143 Everett St. Fall River, MA 02723 508-672-2229	

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions
Regarding The Menu
Please Contact: The Food
Service Director: Robert
Cutting @ 508-675-8100
ext 41591

Vegetarian

Made With
Natural Ingredients

Pork

Smart
Choice

Made With
Organic Ingredients

Deli Sandwiches

Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed:
Ham & cheese Thurs: Turkey & Cheese, Fri: Tuna

Offered Daily: Sunbutter & Jelly Sandwich And
Garden Salad with cheese, Assorted Fruit
Vegetables, Fat free Chocolate & 1% White