

Lunch Menu

Espirito Santo

May 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

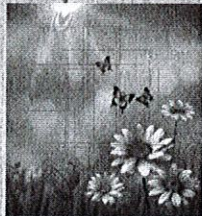
Monday

Tuesday

Wednesday

Thursday

Friday



5 Fluffy Whole Grain Waffles
Crispy Potato Puffs
String Cheese
Steamed Peas
Baby Carrots
Organic Applesauce
Sliced Oranges

6 Soft Tacos
Confetti Black Bean Salad
Steamed Carrots
Mixed Fruit
Fresh Pear

7 Mozzarella Stick & Chicken Nugget Combo Meal
Green Beans
Chickpea Salad
Fresh Red Delicious Apple
Pineapple Cup

1 Chicken Corn Dog
Baked Beans
Broccoli Florets
Fresh Apple
Diced Peaches

2 Cheese Pizza
With Garden Salad
Chickpea Salad
Sliced Oranges
Diced Pear Cup

8 Homemade Mac & Cheese
Steamed Broccoli
Baby Carrots
Sliced Oranges
Pineapple Cup

9 Cheese Pizza
With Garden Salad
Celery
Diced Peaches
Fresh Banana

12 Cinnamon French Toast
Strawberry Yogurt
Baby Carrots
Green Beans
Diced Pear Cup
Sliced Oranges

13 Nachos Grande
Black Bean and Pepper Salad
Mild Salsa
Sour Cream
Sweet Corn
Sliced Oranges
Mixed Fruit

14 Fish and Chips
Mixed Vegetables
Grape Tomatoes
Sliced Oranges
Pineapple Cup

15 Crispy Chicken Sandwich
Green Beans
Baby Carrots
Apple Slices
Diced Peaches

16 Cheese Pizza
With Garden Salad
Chickpea Salad
Sliced Pears
Sliced Oranges

Early Release

19 Egg and Cheese Sandwich
Hash Brown Potatoes
Baby Carrots
Pear and Pineapple Cup
Fresh Red Delicious Apple

20 Beef Hot Dog on Bun
Baked Beans
Cucumber Coins
Mixed Fruit
Fresh Red Delicious Apple

21 Field Day Cookout

22 Sweet & Sour Chicken Sauce & Toss
Brown Rice
Mixed Vegetables
Mixed Fruit
Fresh Pear

23 Cheese Pizza
With Garden Salad
Celery
Diced Peaches
Fresh Banana



27 Barbecue Rib Sandwich
Mashed Potatoes
Sweet Corn
Baby Carrots
Sliced Oranges
Pineapple Cup

28 Pretzel with Cheese Sauce
Strawberry Yogurt
Baby Carrots
Steamed Broccoli
Diced Peaches
Fresh Banana

29 Cheeseburger
Oven Baked Fries
Cucumber Coins
Sliced Peaches
Fresh Red Delicious Apple

30 Cheese Pizza
With Garden Salad
Chickpea Salad
Sliced Oranges
Diced Peaches

Early Release

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this



If You Have Questions Regarding The Menu
Please Contact: The Food Service Director: Robert Cutting @ 508-675-8100 ext 41591

Deli Sandwiches

Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: Ham & cheese Thurs: Turkey & Cheese, Fri: Tuna

Offered Daily: Sunbutter & Jelly Sandwich And Garden Salad with cheese, Assorted Fruit Vegetables. Eat free Chocolate & 1% White