

Lunch Menu

Espirito Santo

March 2025

WHITSON'S CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnamon French Toast String Cheese Crispy Potato Puffs Applesauce Sliced Oranges	4 Nachos Grande Sauteed Corn & Black Bean Salsa Mild Salsa Celery Mixed Fruit Fresh Pear	5 Breaded Fish Sticks Oven Baked Fries Chickpea Salad Baby Carrots Sliced Peaches Apple Slices <i>*Tuna sandwich instead of Ham/Cheese</i>	6 Chicken Nuggets Whole Wheat Dinner Roll Oven Baked Fries Green Beans Sliced Oranges Pineapple Cup	7 Cheese Pizza With Garden Salad Broccoli Bites Diced Peaches Fresh Banana
10 Meatball Sandwich <i>warm baked meatballs smothered in tomato sauce on a sandwich prepared in-house</i> Steamed Broccoli Chickpea Salad Fresh Apple Diced Peaches	11 Soft Tacos Mild Salsa Sweet Corn Cucumber Coins Mixed Fruit Fresh Pear	12 Chicken & Broccoli Alfredo Organic Applesauce Sliced Oranges Cucumber Coins	13 Barbecue Rib Sandwich Mashed Potatoes Green Beans Mixed Fruit Fresh Red Delicious Apple	14 <i>Diocesan PD Day</i> <i>No School</i>
17 Fluffy Whole Grain Waffles Sausage Patty Crispy Potato Puffs Baby Carrots Diced Pear Cup Sliced Oranges	18 Cheeseburger Crispy Potato Puffs Cucumber Coins Organic Applesauce Fresh Pear	19 Homemade Mac & Cheese Steamed Peas Grape Tomatoes Sliced Oranges Diced Peaches	20 Mozzarella Stick & Chicken Nugget Combo Meal Green Beans Cucumber Coins Mixed Fruit Fresh Red Delicious Apple	21 Cheese Pizza With Garden Salad Chickpea Salad Sliced Pears Sliced Oranges
24 Cinnamon French Toast Crispy Potato Puffs String Cheese Cinnamon & Honey Roasted Beans Organic Applesauce Sliced Oranges	25 Chicken Bowl with Gravy Cucumber Coins Mixed Fruit Fresh Red Delicious Apple	26 Crispy Chicken Sandwich Oven Baked Fries Baby Carrots Apple Slices Diced Peaches	27 Chicken Corn Dog Crispy Potato Puffs Cucumber Coins Fresh Orange Diced Pear Cup	28 Cheese Pizza With Garden Salad Fresh Banana Broccoli Bites Sliced Oranges <i>(1/2 Day)</i>
31 Sausage, Egg and Cheese Sandwich Hash Brown Potatoes Baby Carrots Pear and Pineapple Cup Fresh Red Delicious Apple	March 10th National Meatball Day!			

View this menu on the mobile app: FDMealPlanner, or on the web at www.FDMealPlanner.com

Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Menu is subject to change, notice posted when available.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



If You Have Questions Regarding The Menu
Please Contact: The Food Service Director: Robert Cutting @ 508-675-8100 ext 41591

Deli Sandwiches

Mon: Ham & Cheese, Tue: Turkey & Cheese, Wed: Ham & cheese, Thurs: Turkey & Cheese, Fri: Tuna

Offered Daily: Sunbutter & Jelly Sandwich And Garden Salad with cheese, Assorted fruit Vegetables, Fat free Chocolate & 1% White

Vegetarian

Made With Natural Ingredients

Pork

Smart Choice

Made With Organic Ingredients